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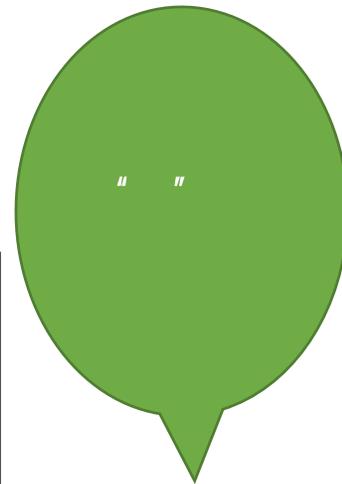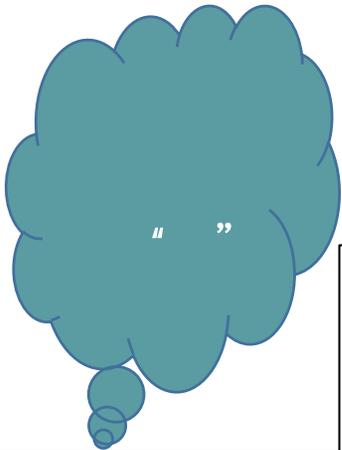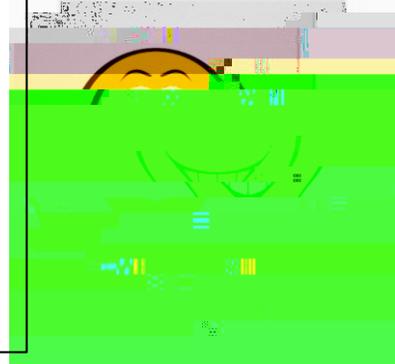
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SELF-MANAGEMENT
Managing ... one's goals

SELF-AWARENESS
... strengths and challenges

Social & Emotional Learning

SOCIAL AWARENESS
and empathy for others

RESPONSIBLE DECISION-MAKING
Making ethical, constructive choices
social behavior

RELATIONSHIP SKILLS
Forming positive relationships,
effectively with conflict

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