

Sacramento City Unified School District
Board of Education Meeting

July 16, 2020 Public Comments

Comment: Dear SCUSD Board Members,

I write this letter in support of the proposed updates to the Floyd Farms cooking school construction. I write this during a time of national crisis, reflecting on work that has prepared us and our children for this challenge. Pre-COVID, Food Literacy Center was already committed to the principles of public health: rather than waiting until kids are sick, how can we keep them from getting sick in the first place? When SCUSD's board of directors approved this cooking school project, they also signed up for this important work. Eating vegetables is a way to protect kids' health from diet-related diseases, which affect half of all Americans! Like COVID, these chronic diseases can be lethal to our children.

Vegetables are a powerful tool! California's Surgeon General called for Californians to maintain a nutritious diet to combat the stress caused by the pandemic. The recession has increased food and nutrition insecurity in our most vulnerable communities. The Black and Brown children we serve are simultaneously experiencing national racism, a form of